



# KISSED BY LIGHT

PHOTO STUDIO

## PREPARATION GUIDE

### BODY

In order to prepare for the shoot, please do your routine body care procedures a couple of days prior to the shoot. Please watch your exposure to the sun over the last few weeks prior to the shoot to avoid tan lines, or refer to a tan specialist (Contact us if you need referral). Also, make sure attend to manicure and pedicure at least the day before the shoot.

### THE DAY OF

On the day of the photo shoot, wear clothes that do not leave marks on the body, avoid bras with tight straps, tight jeans or socks that leave marks, etc. Please bring house slippers and a comfortable robe to change into while getting your make-up and hair done, the robe can also be used to throw on between outfit changes. Please arrive with no make-up, and clean, dry hair that is ready to be stylized (We do not do wash and blow-outs).

Remember to arrive with moisturized skin ONLY if you feel that your skin is extra dry and flaky. Otherwise leave your skin untouched - do not put heavy oily products on your skin, because it does not look good in photographs. Also, avoid products that make your body shiny, glittery, or change the pigment of your skin. We find that natural and clean skin appears best in photographs.

Please don't hesitate to have a full, nutritious breakfast the day of the shoot - your energy levels are very important. It may also be to your benefit (if your dietary needs allow it) to avoid carbs for a few days before your shoot, as this gives optimal results for leaning out and will make you feel your most confident!

Feel free to bring snacks and sufficient water supply to the shoot (we have water and small snacks in the studio, but if you have special dietary needs, it is best if you are prepared).

### WARDROBE

If you wish, please feel free to bring a few extra outfits even if they make for more than the number of looks included in your package, this gives more variety and freedom for creativity. We will help you to select the final outfits in the studio. For boudoir photography, we recommend to bring a variety of lingerie, including thigh-high stockings (stay ups will work fine if you don't have a garter), garter belts, cocktail dresses, sheer robes, mesh onesies, variety of bras and bottoms (strings or booty shorts, classic cuts), men's shirt/tie, etc. Variety of textures (e.g. lace, silk) and bursts of colours is great to have as well. Please bring 3 colours of thong - black, white and beige (or at least two if possible!). It is also important to bring a pair of basic lingerie sets (black and/or white, bra and thong). Please bring your high heels: classic black, nude, or shoes that would match your outfits (white for bridal). And don't forget the accessories! Bring jewellery and props to go with your outfits. If you need help with outfit ideas or inspiration, please visit our website - <http://www.kissedbylightphoto.ca> and/or check out our Instagram page @kissedbylightphoto and/or our Shopping Guide - <http://kissedbylightphoto.ca/shopping-guide/>

### INSPIRATION

We highly recommend to search our website, our Pinterest mood boards, as well as web for images that reflect your ideas for the photoshoot. The mood board will give you ideas for outfits and will help us to determine the overall direction for your photoshoot. Feel free to share your Pinterest mood board with us, send us as many individual images as you like via email or bring images to the photoshoot. Please take time before your photo session to think about how you would like to be captured and try to find images that reflect the style you're looking for. This will help us both to achieve the desired goal!

### TRANSPORTATION

Our address is **5 Adrian Ave, Unit #214**. The studio is located inside an historical brick and beam building in the Junction area. The entrance to the units is from Adrian Ave. Parking can be found in the surrounding area of the building marked as private property, this is appropriate for you to use if you're our client.

If you are travelling by TTC, there are multiple ways to get to the studio by public transport. Use google maps for the best route calculation or email us for directions from your specific address.

*Thank you and we are excited to see you in our studio!*  
**[kissedbylightphoto@gmail.com](mailto:kissedbylightphoto@gmail.com)**  
**+1(647) 655-9110**

# Guide to *Lingerie*



thong



baby suit



babydoll



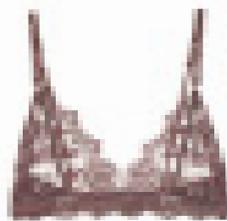
gstring



teddy



robe



bra +  
underwear



corset



slip

boy shorts



bustier



shorts

garter belt



Thank you and we are excited to see you in our studio!  
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+1(647) 655-9110